Luke’s Adventures: Making decisions for life after school

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# Title: Introducing Luke . . .

Luke had exited the school system a couple of years ago and wanted to focus on planning for the next few years.

# Title: History

Luke, as a 23-year old, was receiving tailored day services. The timing for the plan was partially prompted by starting these new services.

Even though the plan was to do a PATH, we completed a quick history to help everyone start with common knowledge. Luke presented his own story via a powerpoint presentation that he had prepared, and then this collective history was compiled.

# Title: THE PATH

# Title: DREAMS

Luke really wants to move into his own home. He has many other dreams to maintain his active life, including involvement in sporting and cultural events.

His life is quite full, but in order to live in his own home, he knows he needs to improve his skills with money and to learn other responsibilities.

# Title: In a year from now . . .

Language is used to signify that the activity has been accomplished; in other words, in a year from now (from the date of the plan), Luke will be living on his own, among other reachable goals.

# Title: What’s happening NOW?

Luke is fortunate to have great family support, friends, a girlfriend, and many activities that fill his days.

He also deals with some medical issues on an ongoing basis.

# Title: Who does Luke need to ENROLL to help out?

Luke identified a number of friends, family, and professionals who could help with getting resources and/or access to some of the activities that would get him closer to achieving his dreams.

# Title: What will it take to get STRONGER in the way of skills, experience?

Luke began to take more ownership of the need for paid employment as he could more clearly see the connection to living on his own.

Necessary skills and experiences were identified to be included in his plan for tailored day services.

# Title: First steps . . .

It’s important to walk away with definite plans that can be implemented immediately. Plan members must commit to following up on their actions to get everything on track.

# Title: Highlights of the plan

Plan was specific to his needs

The meeting helped to introduce Luke in a more personal way & provide context for new support person

Immediate steps were identified