Rigo Path: I want to move to San Diego

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# Title: Rigo attend a workshop

Rigo attended a workshop in the Imperial Valley to learn about the Take Charge project and about person-driven planning. He had expressed interest in having one facilitated for him.

The pre-meeting for Rigo consisted of talking with him individually, as he is over 21. We talked about where he wanted to have the meeting, when, and who he wanted to have participate.

He wanted to have the meeting in San Diego, where he could invite colleagues and friends who know him in his role with the local Area Board.

# Title: Rigo’s Career

A PATH format was selected by Rigo, as he wanted to explore employment and future living arrangements.

# Title: Rigo’s History

We customized the PATH to include Rigo’s history, to make sure everyone had the same starting points of information.

# Title: DREAMS

Rigo started with his dreams, including his desire to eventually move to San Diego. He talked about buying a house, finding a happy relationship, and having a job that would allow him to support both. He was interested in pursuing further education, possibly a degree in social work, and perhaps working for the government or in another capacity as a professional where he can help others.

# Title: Step 2

One year from the day of the plan, identifying the goals he will have achieved by the same time the following year.

# Title: Step 3

NOW, a review of what was currently happening.

Rigo made some realizations about wanting to move to San Diego, what might be affecting him with family obligations, and how he might make changes in his iife.

Major activities include serving on Area Board 13, caregiving for Mother, helping his brother, on his way to getting a commercial driver’s license

# Title: Step 4 STRONGER

Plans to look into Access to Independence (independent living center) for support and/or employment

Exploring other community agencies; possible certificate program

# Title: Step 5 ENROLL

Colleagues at the meeting agreed to help out in getting Rigo connected with folks at the various agencies that were identified.

# Title: Step 6 FIRST STEPS

Included attending a local conference to increase his networking, updating his resume, looking for part time employment, and more!

Rigo was eager to get started on his new PATH. In less than one year, he was competitively employed at the San Diego Regional Center office in the Imperial Valley. He’s starting out as part-time, with the plan to go full time with more responsibilities.